Ashtanga Yoga Teacher Training Live Streamed Online



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ASHTANGA YOGA PARIS www.ashtangayogaparis.fr



with Linda Munro & Gérald Disse March 7 - 18 & October 3 - 14, 2022.



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Live Streamed Dates

March 7 - 18 & October 3 - 14, 2022 9:00am - 6:00pm

Note you will need a partner for much of the work



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